# CHAPTER 15: PHYSICAL MEDICINE & REHABILITATION

# COATESVILLE VA MEDICAL CENTER: PHYSICAL MEDICINE AND REHABILITATION

Provides diagnostic and evaluation services, restorative therapy, preventative and maintenance therapy, palliative therapy and patient health education.

### **Physiatry**

Performs evaluation, prescribes appropriate treatments and makes referrals to therapies as indicated, diagnostic testing through EMG and nerve conduction studies, routine follow up with ongoing therapy.

### Audiology

Diagnoses and treats hearing disorders, prescribes and dispenses hearing aids and supplies, counsels veterans and family members regarding hearing loss and communication strategies.

# **Kinesiotherapy**

Gait training including mobility with Alzheimer disease, strength and endurance training for inpatients and outpatients, specialty programs, aquatic therapy edema management, myofacial release, back safety education for employees, weight loss program, fitness and weight training, mobility prescription.

# **Occupational Therapy**

Evaluate and treat veterans with a wide variety of medical and psychosocial conditions, focus on activities of daily living with the goal to maximize safety and independence in order to maintain the highest level of functional ability, upper extremity rehabilitation, mobility prescription, skin management through the use of specialty equipment, positioning, education, restraint reduction.

## **Recreation/Creative Arts Therapy**

Provide services designed to meet the physical, cultural, social, and emotional needs of veterans through recreation, art, music modalities. These include off station programming, leisure education, music interventions, art programming, pet therapy, socials, sport games, horticulture, fitness programming.

### **Physical Therapy**

Evaluate and treat individuals with orthopedic, neurological and cardiopulmonary diagnoses, therapeutic exercise programs, provision of modalities for pain relief and soft tissue mobilization, mobility prescription, assess and train with appropriate walking devices, lower extremity edema reduction.

### **Speech Therapy**

Assessment and treatment of speech/language disorders, assessment of swallowing disorders via video fluoroscopic swallowing studies, assessment of swallowing disorders via fiber optic endoscopic evaluation of swallowing, treatment of swallowing disorders through deep pharyngeal neuromuscular massage, thermal tactile e-stim, vital stimulation, altered diets and compensatory strategies.

<u>How do I receive services?</u> Contact your primary care provider; they will generate a consultation for PM&R Services.

[Physical Medicine and Rehabilitation info/ Physical Medicine and Rehabilitation Coordinator/ Supervisor, Recreation Therapy \_7\_08]